

HEART TO HEART

CARDIOLOGY INTEREST GROUP

Prospectus









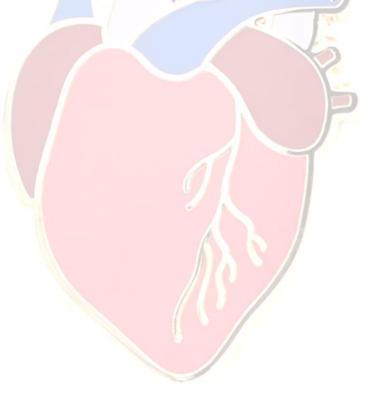
Cardiology Interest Group (CIG).

Bharati Vidyapeeth (Deemed to Be) University Medical College (BVDUMC)

Pune, Maharashtra, India.

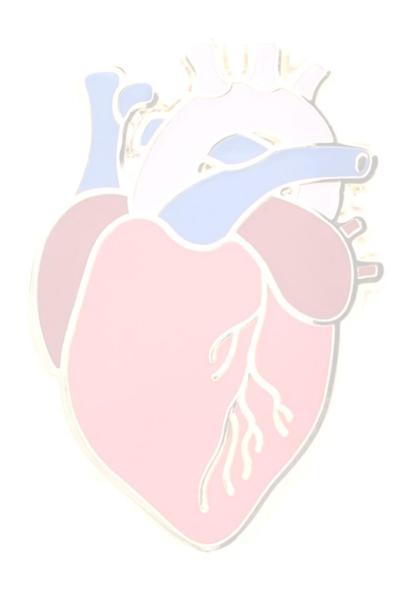
American College of Cardiology (ACC).

Medical Student Member Community (MSMC).



PROSPECTUS VERSION HTH/CIG/BVDU/ACC-MSMC/1/30.10.23 DATED OCTOBER 30, 2023.







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Abbreviations.

ACC - American College of Cardiology, BVDUMC- Bharati Vidyapeeth (Deemed to Be) University Medical College, CIG- Cardiology Interest Group, MSMC- Medical Student Member Community.



LEADERSHIP BOARD

Dr. Ravi Kalra

Faculty Advisor, HEART TO HEART® (CIG) BVDUMC, ACC MSMC

Professor and Head, Department of Cardiology Bharati Vidyapeeth Medical College & Hospital, Pune, Maharashtra, India

Dr. Prashant Bharadwaj

Co-Faculty Advisor, HEART TO HEART® (CIG) BVDUMC, ACC MSMC

Professor, Department of Cardiology
Bharati Vidyapeeth Medical College & Hospital, Pune, Maharashtra, India

Mr. Amanpreet Singh Wasir

Founder- President, HEART TO HEART® (CIG) BVDUMC, ACC MSMC

Phase III Part-II MBBS, Bharati Vidyapeeth (Deemed to Be) University Medical College Pune, Maharashtra, India



PATRONS

Dr. Vivek Saoji

Vice Chancellor Bharati Vidyapeeth (Deemed to Be) University, Pune, Maharashtra

Dr. Asmita Jagtap

Executive Director
Bharati Vidyapeeth Health Sciences

Ms. Adriana C. Mares

Editor-in-Chief

American College of Cardiology (ACC) Medical Student Member Community (MSMC)

Co-Founder, ACC Medical Student Cardiovascular Research Initiative & Journal Club

Founder & President, Institute of Cardiology at El Paso

Yale School of Medicine



FACULTY ADMINISTRATION

Dr. Mandar D. Karmarkar

Principal
Bharati Vidyapeeth (Deemed to Be) University Medical College
Pune, Maharashtra, India

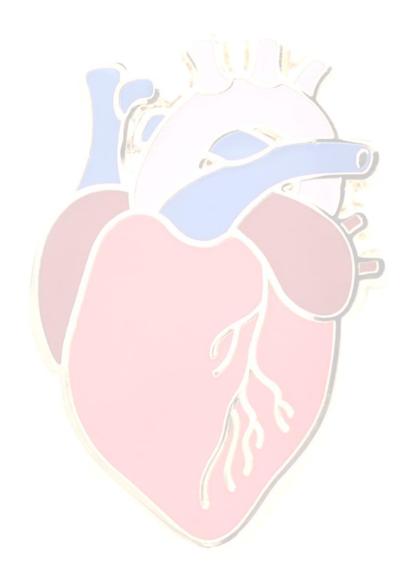
Dr. Sanjay Lalwani

Medical Director
Bharati Vidyapeeth Medical College & Hospital, Pune, Maharashtra, India

Dr. Meghana K. Padwal

Vice Principal (UG Academics)
Bharati Vidyapeeth (Deemed to Be) University Medical College
Pune, Maharashtra, India







FOREWORD

Amanpreet Singh Wasir

Founder President

HEART TO HEART[©] (CIG), BVDUMC, ACC MSMC



It gives me immense pleasure to introduce to you *HEART TO HEART®* Cardiology Interest Group (CIG) at our very own Institution, Bharati Vidyapeeth (Deemed to be) University Medical College (BVDUMC), Pune in collaboration with *American College of Cardiology (ACC)- Medical Student Member Community (MSMC)*. This is a *first-of-its kind* CIG to be commenced in our Institution and just the *fourth* in India to be affiliated and recognized by *ACC MSMC*.

Being actively involved with ACC MSMC in India and Globally in various capacities, I thought that formulation of this CIG is the need of the hour for all medical students, including me. I sincerely thank my colleague and dear friend, Ms. Adriana Mares, Editor-in-Chief, ACC MSMC for her undulating support and faith in me. We sincerely look forward to being recognized by ACC MSMC by the end of this year.

My continuous endeavor for *HEART TO HEART* will always be to strive for nothing but the best. I will make sure that most of the medical student members actively participate and benefit from this venture. My focus will be to increase the reach and advocate for cardiovascular research starting from the very foundation years of medicine. I promise to always uphold and maintain the high ethical standards which form the backbone of *HEART TO HEART*.

It is important to realize the potential we hold at our Institution and its Department of Cardiology. I sincerely thank *Dr. Kalra* and *Dr. Bharadwaj* who have always been strong support systems for me and whose guidance has always lit the way for my personal and professional growth. I also extend my sincere vote of thanks to Dr. Karmarkar and Dr. Padwal for always promoting new ventures like these in an effort to bring out the full potentials of all students. Lastly, I thank the respected Patrons, my parents and grandparents for always supporting my work.

With this we officially launch the very first Prospectus of *HEART TO HEART*[©]. I hope that Our CIG achieves great milestones in the forthcoming years and sets a benchmark for other such CIGs on the global platform!

Thank you for being a part of *HEART TO HEART®*. Wish you all the very best for this journey!







Dr. Ravi Kalra

Faculty Advisor

HEART TO HEART[©] (CIG), BVDUMC, ACC MSMC

Professor and Head, Department of Cardiology
Bharati Vidyapeeth Medical College & Hospital, Pune, Maharashtra, India

Dear All,

It is with great pride that Department of Cardiology at Bharati Hospital and Research Centre, Pune present to you *HEART TO HEART®*, a unique, innovative platform for undergraduate medical students.

This platform will encourage young minds to understand the vibrant field of Cardiology from various perspectives. We have planned several activities for all interested students in the coming times. These all-encompassing activities will be focused on strengthening academics, practical learning experiences, collaborative research opportunities, and community related programs. This will help all students to achieve their full potential, while enlarging their knowledge base in this vital specialty.

With this, I wish *HEART TO HEART*[©], all the very best for the undoubtedly great milestones that will be achieved in the forthcoming years!

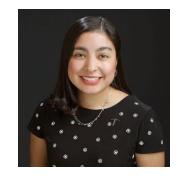


FOREWORD

Adriana C. Mares

Editor-in-Chief





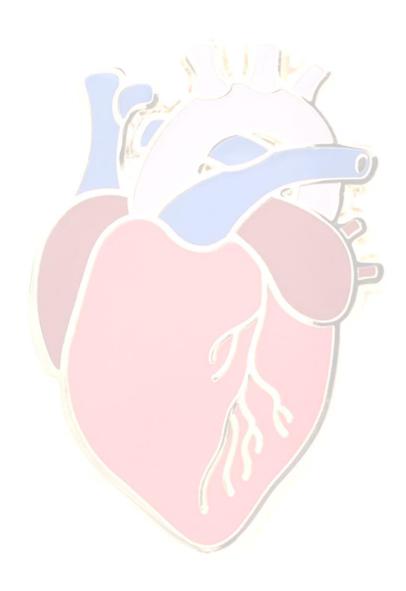
"I am honored to join the *HEART TO HEART*" Cardiology Interest Group (CIG) at Bharati Vidyapeeth (Deemed to be) University Medical College (BVDUMC), Pune. My gratitude goes to my friend and colleague, Amanpreet Singh Wasir, for this opportunity. These collaborations serve as powerful catalysts for expanding our knowledge and extending our networks beyond our institutional boundaries. I, along with our ACC Medical Student Member Community, eagerly anticipate working together not only this year but in the years to come."

Adriana C. Mares is a student researcher at Yale School of Medicine who aspires to pursue a career in academia focusing on structural and adult congenital heart disease intervention while integrating precision medicine into her future medical practice. In 2020, she earned her master's degree in public health and biological sciences on a full-ride scholarship through the Terry Foundation. Adriana is a dedicated researcher, having published more than 20 articles/abstracts and is recognized for her contributions to cardiovascular medicine and genomics. Additionally, she serves as a peer reviewer for various medical journals.

In 2016, Adriana founded and currently serves as the President of the Institute of Cardiology at El Paso (ICEP), her community's first and only cardiology 501(c) non-profit organization for students and medical professionals. She has previously served as co-chair of the American College of Cardiology Medical Student Leadership Group and currently serves as the Editor-in-Chief for the ACC-MSMC, where she spearheads collaborations with the Journal of the American College of Cardiology. She was instrumental in co-launching the platform on ACC.org, enabling medical students to publish perspective pieces and interview articles.

Within her community, Adriana is a board member of her local American Heart Association chapter and the El Paso PHighters Support Group, a pulmonary hypertension patient support group. Nationally, she is a member of the Advisory Board for the National Institutes of Health's All of Us Precision Medicine Initiative, where she mentors NIH scholars on their research projects and informs communities about the program. Internationally, Adriana founded "Corazon De Ninos" with a volunteer team of surgeons and nurses in Chihuahua, Mexico, in collaboration with Hospital Infantil de Especialidades. This initiative funds corrective congenital heart surgeries for pediatric patients in need who would not have the chance to travel outside of Mexico for advanced care.







DECLARATIONS AND COPYRIGHTS POLICIES AND GUIDLINES

ALL RIGHTS RESERVED

HEART TO HEART® (CIG)- BVDUMC, ACC MSMC is an non-profit, non-governmental, independent educational student- led body which is formed after approval of Institutional authorities with strict adherence to respective guidelines. We are a *Cardiology Interest Group* formed and recognized in *BVDUMC* and are in no way are an extension of or endorse *ACC MSMC* in any manner. However, upon receiving recognition by *ACC MSMC*, we will follow all stated rules and regulations and will be responsible for submitting the annual report, among other promised roles as instructed.

We abide by the norms of *BVDUMC* and *ACC MSMC* in promoting diversity, equality, and inclusion, and fully support this value and initiative. Membership in association with *HEART TO HEART*[©] (CIG) *BVDUMC, ACC MSMC* shall be open to all medical students interested in Cardiology at our Institution without discrimination.¹ CIG members should demonstrate respect to fellow group members, to *BVDUMC* and to *ACC MSMC*. The sole purpose of creating this CIG is for dissemination of medical knowledge and for the welfare of medical students. We promise to abide by our mission.

All information shared in this PROSPECTUS and other concerning documentation related to this CIG is solely the property of *HEART TO HEART*[©] only. Any attempt to reproduce, distribute, endorse, or transmit the information or knowledge shared in this community without prior notification and official permission from *HEART TO HEART*[©] authorities and Board Panel will be deemed unethical and unlawful, and will be subject to punishment and strict disciplinary action by the responsible Institution.

The HEART TO HEART® Medical Student Member Panel will be subject to change depending upon the academic years of respective medical students. Also, the HEART TO HEART® Leadership and Executive Boards are dynamic and all positions will be elected by means of fair and transparent elections by the then- elected Leadership Board Members. The Positions of President, Vice- President, Faculty Advisor and Co-Faculty Advisor are Permanent (till their tenures expire). Patrons, other beneficiaries, and administrative faculty affiliated with HEART TO HEART® are subject-to-change as decided by the then- elected Leadership Board.



The Founder- President once retired from the Leadership Board and Medical Student tenure will *indefinitely* continue to be a part of the *HEART TO HEART*[©] CIG Leadership Board and will have the *power- equivalent* in all decision- making processes including but not limited to all activities and election processes to the then- elected Leadership Board President, as and when required. The *Final Decision* taken by the Founder- President will be *superior* and *binding* in all capacities to all other members of both Leadership and Executive Boards. All other positions of the Executive Board are still in the final phase of decision- making and will be notified once decided, if at all. However, the Executive Board Members will be *non-permanent* members and will only be elected with respect to individual activities being organized. All decisions taken by the working President and Faculty Advisor related to all aspects of this CIG will be *final and no exceptions will be made*. The *Founder-President* may modify or remove any and all prior stated rules and may also add fresh rules at any given point of time. All Final Decisions of HEART TO HEART[©] as a CIG will rest with the *Founder-President* with *no exceptions*.

You may *not* use the name or logos of *HEART TO HEART*[©] (CIG) *BVDUMC, ACC MSMC*, or even any title/affiliation representing *HEART TO HEART*[©] (CIG) *BVDUMC, ACC MSMC* on any website, social media, posters, or presentations without prior approval from *HEART TO HEART*[©] Leadership Board. Any kind of social media promotion will be under the umbrella supervision of *HEART TO HEART*[©] Leadership Board. Physical or electronic dissemination of any information of *HEART TO HEART*[©] will be only through official platforms and by concerned members only, as decided by the Leadership Board. The *HEART TO HEART*[©] Leadership Board has full authority to report and take down any social media promotion or any kind of work related to *HEART TO HEART*[©] (in- print or electronic media) by any person at any given time, if deemed inappropriate or at the directive of the *Founder- President or the* then- elected working Leadership Board President and Board.

The Leadership Board holds full exercising power to initiate and terminate any contracts/memberships if deemed necessary. The Leadership Board also has the power to take any regulatory and disciplinary actions with regard to any malpractice or violation of this declaration if required. The President and Faculty Advisor may at any time decide on new term policies, rules and regulations related to HEART TO HEART® which need to be strictly and compulsorily followed by all members. The Final Decision of HEART TO HEART® in all circumstances will continue to rest with the Founder- President.

We have no conflicts of interest, financial support, or any kind of possible private or professional relationships to disclose. We follow a transparent election process and are not dealing with any relationships inside or outside the institution, financial or otherwise. We assure to uphold all pillars of medical and legal ethical standards.



Our endeavor is to enhance the understanding and widen the horizons of medical students in the field for Cardiology, and by doing so we sincerely hope that we can make a difference. The Founder- President and Faculty Advisor hope that the formulation of this CIG will be helpful to all interested medical students and will open the gates to everyone for greater academic, research, co- and extra- curricular opportunities, all within the institutional framework of BVDUMC and with strict adherence to BVDUMC and ACC MSMC policies and guidelines.

A great amount of time and hard- work has gone into the conceptualization and formulation of *HEART TO HEART*[©] and we expect all members to abide by these declarations. We hope that our combined efforts strengthen and expand the dimension of Cardiology for all of us as undergraduate seekers. Positive efforts in this direction will effortlessly reflect in betterment of personal and professional qualities and will undoubtedly reflect in our combined progress across different platforms.

By Order

Founder President and Faculty Advisor

HEART TO HEART®
CIG- BVDUMC, ACC MSMC
PROSPECTUS VERSION 1.0.0

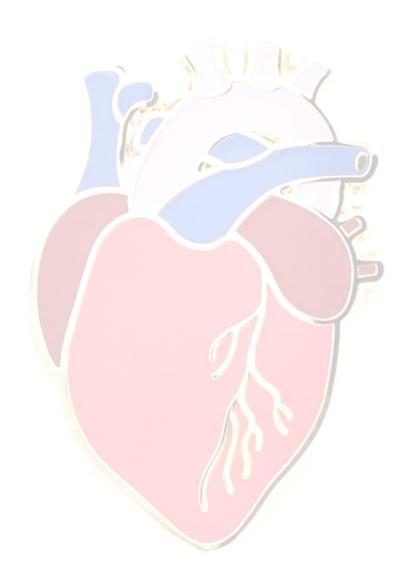
October 30, 2023

DISCLAIMER

Any kind of misconduct of the links and information provided in this PROSPECTUS and/or disrespect to the *HEART TO HEART*[©] (CIG) BVDUMC, ACC MSMC will not be tolerated.

All unethical and unlawful malpractices will be strictly dealt with by the concerned authorities. Strict Disciplinary actions will be taken for the same by the responsible Institution.







MISSION STATEMENT

'Let Us Heal Heart-To-Heart'

Our Cardiology Interest Group (CIG) at *Bharati Vidyapeeth (Deemed to Be) University Medical College (BVDUMC), HEART TO HEART*[©] is the first-of-its-kind in being an internationally recognized student- led Cardiovascular Medical Student Body in India with our Primary Focus towards the Field of Cardiology.

With recognition from American College of Cardiology (ACC) Medical Student Member Community (MSMC), we aim to contribute to the growth and understanding of Cardiology among interested undergraduate medical students.

Ranging from dissemination of medical knowledge to expanding academic opportunities to all our medical students, we strive to be an all-inclusive Cardiovascular Group which will serve as a common platform for like- minded aspiring physicians interested in Cardiology. We will also strive to help promote our students on the global platform and open doors for them to the ever- promising World of Cardiology.



Goals and Values

HEART TO HEART[©] aims to connect and train young aspiring Cardiovascular physicians and bridge any gaps which come in- between their professional journeys. We promise to encourage all our students towards a variety of academic, research and community programs to ensure and promote a holistic learning experience. With a panel of activities planned, we also wish to strengthen personal and professional qualities of all our members in an effort to help them achieve their full potentials.

Vision

HEART TO HEART[©] aims to focus on training and exposing our medical students to the field of Clinical Research and promote the concept of 'Preventive and Promotive Health'.

Our ultimate vision is to grow together as a community, create and spread awareness to masses in an attempt to decrease the burden of cardiovascular diseases in our population and improve patient outcomes.



ACTIVITIES PLANNED

A cornerstone benefit of membership in a Cardiology Interest Group are the opportunities to further your and your colleagues' knowledge of cardiovascular physiology and pathology. One of the best ways to pursue your passion for learning is by organizing educational events. Events can range from EKG interpretation workshops to talks on heart failure management or an in-depth dive into certain cardiovascular pathologies. Educational events are great opportunities to expand your knowledge base. These will also help members find research opportunities at our home institution.¹

- Cardiology Interest Group Events- for Networking and Creating Research Opportunities.
- 'Meet and Greet' Events with Faculty and Leadership Board Members.
- ACC Monthly Journal Clubs hosted by MSLG Cardiovascular Research Institute (ACC MSMC).
- Presentations on Different Topics Related to Cardiology.
- 'Hands-on' Practice Sessions and Observation Stations- Electrocardiography, Echocardiography and Non-Invasive Cardiology, Interventional Procedures.
- Collaborative Events with Partner Cardiovascular Organizations and Sister CIGs.
- Seminar Sessions and Clinical Trials Discussions- Latest Advancements in Cardiology.
- Invited Guest Lecture Series.
- Community Outreach Program and Awareness Campaigns for Prevention of Cardiovascular Diseases.
- Felicitation Ceremonies for Recognition of Notable Work (Named Cardiovascular Legend Awards).
- CV Building Sessions with Senior Faculty for Residency and Matching Program.
- Expanding Network to ACC MSMC and Forming New Connections via Social Media Platform.
- Ward- Mentor Program.

..... and many more exciting activities coming your way!



BENEFIT TO HOME INSTITUTION

With the establishment, active functioning and official recognition of *HEART TO HEART®* by *BVDUMC and ACC MSMC*, our Home Institution will be highlighted and showcased on their official website platforms. Our CIG, *HEART TO HEART®* is the *fourth* in India to do so. It is certainly a proud moment for all of us, students, faculty and our Institution, *BVDUMC* to be recognised on this global platform.

This will increase the outreach and networking of our Hospital & Research Centre which will not only fuel the need to strengthen various resources related to Cardiovascular Research, but will also prove to be the foundation for other such CIGs elsewhere.

We feel extremely proud to launch *HEART TO HEART*[©] at the hands of our Principal, Vice-Principal and Head of Department of Cardiology at BVDUMC/BHRC, Pune.

This endeavour will certainly prove to be the cornerstone in showcasing our proud institution on the international stage. It will also attract future collaborative and networking possibilities for students and faculty. Apart from this, it will also be useful in sharing the talent of our bright medical students nationally and internationally. By actively participating in this venture, attending and presenting at leading Conferences to delivering talks at various places, we sincerely hope that our medical students make full use of this opportunity in bringing out their complete potential.



MEMBERSHIP

Why join a Cardiology Interest Group? 1

Cardiology Interest Groups provide opportunities to enhance students' understanding of cardiovascular physiology and its systemic implications, and to explore careers in clinical cardiology. By forming or joining a Cardiology Interest Group at your home institution not only can you help improve your and your colleagues' understanding of cardiovascular medicine, but also network with local cardiologists, connect with research opportunities, and gain valuable leadership experience.

MEMBERSHIP BENEFITS

- Full and Exclusive Access to All Material Related to HEART TO HEART[©].
- Privileged Access to Monthly Organized International ACC MSMC Journal Club Sessions.
- Up-to-date notifications and updates for all opportunities.
- Opportunity to host and organize CIG Cardiovascular Events and Campaigns.
- Encouragement to become a member of the ACC MSMC.
- Earn Recognition for your work with social media Highlights, Certificates, and other memorabilia to boost your CV in being affiliated with this CIG.
- Build your Network and Expand your Connections Globally.
- Participate in various departmental activities to brush up your clinical knowledge in Cardiology.
- Invitation to attend National and International Conferences.
- Multiple opportunities to work as a team and collaborate on Research Projects.
- Have an upper- edge over other students in being affiliated with a first-of-its kind CIG
 in India.
- Participate in Community Awareness programs and help contribute for a greater cause.

^{*} Please note: There are no expenses of any kind involved in becoming a HEART TO HEART® Medical Student Member.



How to become a Member?

HEART TO HEART® CIG MEMBERSHIP ELIGIBILITY CRITERIA

STRICTLY AND ONLY FOR MEDICAL STUDENTS (Phases I, II, III Part- I and Part-II MBBS)
AND INTERNS

1. To join as a *HEART TO HEART* member, please fill in your name and other details in the Google Spreadsheet below-

https://docs.google.com/spreadsheets/d/1r H5Xc5 pB0aEkTMo7ZHtFjR0deC0hP0yjJND zHcfWFo/edit?usp=sharing



HTH MEMBERS SPREADSHEET

2. ONLY AFTER FILLING your name in the google spreadsheet, please join the *HEART TO HEART* Members WhatsApp Group by clicking the link given below-

https://chat.whatsapp.com/EkcyYlg3x1BA71QuHwuchY



* Please note: Your membership to this CIG will expire as soon as you finish your compulsory rotatory medical Internship.



What if I am not a Medical Student and still want to join and contribute to **HEART TO HEART®?**

RESIDENTS AND FELLOWS-IN-TRAINING (FIT)

You are welcome to join the *HEART TO HEART*[©] Members WhatsApp Group for regular updates and can participate in various activities and attend *HEART TO HEART*[©] events and talks, however as per ACC MMSC guidelines are **not eligible** for membership to this CIG.

If interested, you may join the *HEART TO HEART®* **Members WhatsApp Group** by clicking the link provided below.

https://chat.whatsapp.com/EkcyYlg3x1BA71QuHwuchY



Heart-To-Heart Whatsapp Group

FACULTY- ALL DEPARTEMENTS

Interested faculty may attend invited lectures, meet, and greet sessions, presentations and various activities organized by *HEART TO HEART*[©], however as per ACC MMSC guidelines are **not eligible** for membership to this CIG. Please **DO NOT** join the WhatsApp Group as it is only for medical students and trainees.

We at *HEART TO HEART*[©] promise to keep you posted with regular updates from time-to-time so that you do not miss out on any of our events.



CALLS OPEN NOW!

HEART TO HEART® LEADERSHIP BOARD

VICE PRESIDENT ELECT

HEART TO HEART®
CIG- BVDUMC, ACC MSMC
(Permanent Board Membership)

AVAILABLE POSITIONS-1

ELIGIBILITY CRITERIA

- Only Medical Students may apply for this (any academic year of MBBS or Intern).
- Keen Interest and enthusiasm towards Cardiology.
- Since this is a permanent membership, we expect that you can take on different responsibilities related to HEART TO HEART® from time to time.
- CV Portfolio with focus on academic scores, research and any other organizational position held (prior/current)
- Exhibit sincere qualities of discipline, time management, coordination, organization, and team work.

Interested students, please fill in the google form below Before November 7, 2023

https://forms.gle/8WRX1paNeuq53DbM9

IMPORTANT: TIMELINE FOR VP ELECTIONS

TIMELINE FOR SUBMISSIONS: NOVEMBER 2-5, 2023
DEADLINE FOR APPLICATIONS: November 5, 2023
SELECTION PROCESS November 6 and 7, 2023
FINAL RESULT: November 8, 2023





HEART TO HEART® EXECUTIVE BOARD

HEART TO HEART® EXECUTIVE BOARD will have limited number of non- permanent members on board. However, as and when events are organized, the forum will be open to all interested students to apply for different positions. These will be temporary positions however the work of these students will be recognized in the form of greater research and academic opportunities, cardiovascular research and conference presentations, social media promotion, certificates etc. All executive board members will also enjoy prioritized access to events and opportunities at HEART TO HEART® and will also have a greater chance of becoming a permanent board member if applying for the same.

Please take note that the decision of available Positions of *HEART TO HEART*[©] EXECUTIVE BOARD is currently in the final phase of decision- making and will be notified via the WhatsApp group in the forthcoming time, if any.



CONTACT DETAILS

If you want to become a member, join the leadership/executive boards, contribute to HEART TO HEART® or have any other questions, please feel free to reach out to our Founder-President below.

Amanpreet Singh Wasir

Phase III Part- II MBBS, BVDUMC, Pune

Founder- President, HEART TO HEART® (CIG) BVDUMC

American College of Cardiology (ACC) Medical Student Member Community (MSMC)- India

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Further Information

American College of Cardiology (ACC)

https://www.acc.org/

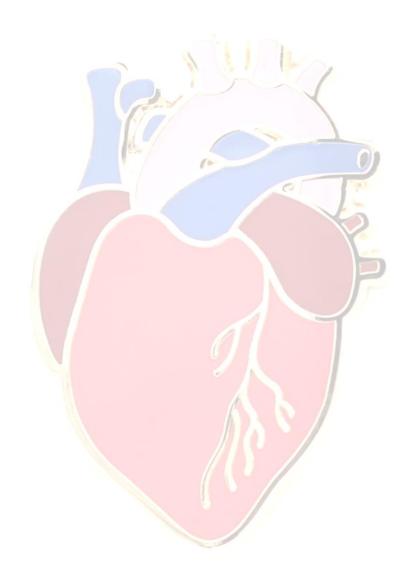
American College of Cardiology (ACC)
Medical Student Member Community (MSMC)

https://www.acc.org/Membership/Sections-and-Councils/Medical-Students

American College of Cardiology (ACC)
Cardiology Interest Groups (CGI)

¹ https://www.acc.org/Membership/Sections-and-Councils/Medical-Students/Cardiology-Interest-Groups





HEART TO HEART®

CARDIOLOGY INTEREST GROUP



