

Community Medicine

The discipline • Deals with Communities • Teaches to identify and measure the health -needs both of the sick and the well
• Teaches principles of planning and administration for meeting those needs • Is engaged in research and training in the field.

Goal

To prepare students to function as proficient Community Physician in contemporary health needs and accountable to community.

Objectives

- Plan and undertake in co-operation with other members of the health team epidemiological studies of an analytical and descriptive nature pertaining to health problems of community.
- Interpret the results of the studies within the framework of the socio-political and economic structure of the regional / national community, describe those ecologically and be able to undertake interventions.
- Plan and undertake relevant level of prevention against communicable, and non-communicable, nutritional, occupational, environmental and hereditary health problems of the community.
- Identify at risk (vulnerable) sections of the Community and implement strategy for improving health as per norms and provisions in the national health programmes.
- Improve the well being of the population by health-practice.

Activities

Teaching - UG students - • Medical: I to VII semester • Nursing • Optometry

PG students - • Nursing •HospitalManagement • Dental

Training - • Internship Training• Students of Medical Social Worker • Research Methodology Workshop • TOT – Training of Trainers

Research • Guidance in research projects• Research projects with the department

• Statistical guidance in research projects

Administration- • Internship programme

Service • RHTC,Lavale



Rural Health Training Centre, Lavale



Health Education to patients attending OPD at RHTC, Lavale

- UHTC, Sadashiv Peth
 - School health check up
 - Anganwadi children health check up

Extension • Participation in National Health Programmes • Health Check Up Camps.





Commonwealth Youth Games Team – with Mr. Suresh Kalmadi

Counseling • UG students • Patients of Bharati Hospital • Adopted population of RHTC and UHTC

Consultancy • Government Organisations • Semi-Government / Autonomous Organizations • Non Governmental Organisations

Methodology

• Emphasis on “Health” rather than “Disease” • Learner-centered approach based on participatory and interactive teaching-learning • Providing opportunities to get first-hand knowledge of various sections of community and their health problems • Direct exposure to community and learning – situations • Freedom and flexibility in choosing community health issues, • Framing project study design based on scientific research methods, • site - tours and interactions with community by students on their own , • Project implementation as per convenient timings but time bound completion and presentation • Compulsory presentation before fellow students and discussion amongst students and teacher • Importance of suggesting appropriate intervention strategy keeping in view the current situation. • Providing self-learning opportunities.

Strength

• The community outreach programmes implemented through our urban health centre and rural health center. • Training students in research methodology by allotting research projects in the field practice area. • Modifying teaching syllabus as per ever-changing needs of the community. • Innovative approaches towards community health issues • Consultancy.

Achievements

• Building up the self confidence and sense of achievement • Providing unlimited scope for creativity and potential existing in students • Surfacing of the hidden potential and its activation • Learning to handle adverse and unexpected situations • Developing communication skills • Learning varied ways of approaches to various sections of community • Understanding that multiple problems do exist with the community, the solutions of which are beyond drugs and hospital • Realizing the need and urgency for transformation of self and of community.